



Upcoming Events at StarHouse

www.thestarhouse.org

- ★ StarHouse Full Moon Meditation, Thurs. March 1 and 31 at 7:30-9pm
- ★ Breathwork and Sound Healing, Sunday, March 4 at 6-9:30pm
- ★ Shakti Sisterhood with Melissa Michaels and Friends, Fri. March 9 and Sat. March 10
- ★ Kirtan with Scott and Shanti Medina and Friends, Sat. March 10 at 7:30pm
- ★ Conscious Breathwork for Transformation, Tues. March 13 at 7pm
- ★ Ecstatic Dance, Thurs. March 15 at 7pm
- ★ Art of the Feminine Presence: Align to Elevate, Sat. March 17 at 9am-5pm
- ★ Women's Song Carriers Circle, Sun. March 18 at 10am-2pm
- ★ Gong Bath with Richard Rudis, Sun. March 18 at 7-8pm
- ★ StarHouse Spring Equinox Celebration/New Moon , Tues. March 20 at 7pm
- ★ 5 Rhythms Dancing with Amber Ryan and Melissa Michaels, Wednesdays starting on March 21 at 7-9pm
- ★ Sweet Medicine SunDance Path workshop, Sat. March 24 at 9:30am-5pm

Ongoing weekly Ethereum Dance classes:

- Guided / Contact Improv Technique & Exploration, Mondays at 5:30-7pm
- Int / Adv Contemporary Ballet, Weds. at 9-10:30am
- Int / Adv Modern Movement, Weds. 10:30am-12pm
- Int / Adv Modern Movement, Fridays, 9-10:30am

Event Details at www.thestarhouse.org

All these events are open to the public. Please remember to carpool to events to preserve the natural environment. Thanks!